

Counselor's Corner

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Welcome Back!

My name is Tonya Reyes and I will be Alcott Elementary's School Counselor this year. I will be providing our students with guidance counseling lessons that include Character Education and Bully Prevention strategies. I also meet with students individually and in small groups. Students are welcome to sign up or parents/guardians and teachers can refer their child for counseling. I truly enjoy working with children and families and will do my best to help serve students on academic, social, and emotional levels.

I look forward to working with and getting to know you and your students.

Upcoming Events

September

Open House – Sept. 14

Character Trait-Responsibility

October

Bully Prevention Month – NED Show (Oct. 13)

Red Ribbon Week (Oct. 24-28)

Tips for Parents and Students to have a Successful Year:

1. Get a good night's sleep.
2. Eat a good breakfast.
3. Organize your room or study area so that nothing distracts you when you are ready to settle down to do homework.
4. Establish a schedule/routine
5. Get everything prepared the night before.
6. Begin to review for quizzes and tests ahead of time. Do not wait until the night before to study for these
7. Students should have an agenda or a place where homework is written down so that they do not have to worry about what to do.
8. Develop a partnership with your child's teacher
9. Praise your child(ren)! Encourage them. Use positive reinforcements.
10. Ensure your child is at school every day and on time (schedule vacations/appointments during off days, if possible)



Important Announcement

Remember school counseling does not take the place of therapy or services that pertain to psychological services. Referrals will be made to outside resources.